



As a golf enthusiast, you know that the game can be played and enjoyed with family, friends and for business purposes for a lifetime. Because golf is a game, it's meant to be fun. To help you have more fun and enjoyment from your game, I've included this gift; an Ebook preview of **Golf Instruction Made Simple** www.golfinstructionmadesimple.com.

The author, Alan Martin created his book in a unique how-to format that's written for both serious and casual golfers in a simple language, with many illustrations that make it easy to understand and learn from. The Ebook introduces **Thumbs Down, The POWER MOVE of Golf**; "the missing ingredient" that cured Alan's slice and improved his ball striking. Great ball strikers have great hand action and so can you with **Thumbs Down**. Alan teaches the fundamentals of golf at Princeton University and The First Tee.

Thumbs Down, The POWER MOVE of Golf solved these major problems:

- Cured my slice
- Squares my club at impact
- Regained my lost distance, accuracy and confidence

"The results were dramatic. Without changing my swing I cured the slice, added power, distance, accuracy and control, especially from 150 yards and in, where I really struggled; AM". [This link](#) is a short audio preview. [This link](#) is an Ebook preview.

The Ebook is part of Turn Golf Into Business "TGIB", a platform for companies to maximize their business success and gain competitive advantages, by capitalizing on the **POWER** and **POPULARITY** of golf. As you'll see in the preview, the Ebook can also include personalized content. Ex: company information, promotional / brand messages, logos, or anything you want to give to customers, prospects, workmates, business colleagues, etc. Along with the business value, it's a natural as a holiday, birthday or special occasion gift, with or without an instructional session with Alan.

In addition to a great golfer's gift, the Ebook is one of many unique fundraising vehicles and special attractions that give golf event sponsors extra value and attendees added enjoyability. Alan and his partners have extensive experience managing golf events and providing pre-event game improvement sessions using golf simulators. [This link](#) is a sample announcement, to help promote your event. [This link](#) gives you a preview of the Golf Fundraising opportunity to help you raise additional funds

Feel free to forward this to anyone else you think would benefit from the book's game improvement content, to use as a promotional and golf branding product for business, and / or at golf events as described above. Alan welcomes your feedback / comments by email at thumbsdowngolf@gmail.com.

Thank you again for your business and enjoy!

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THUMBS DOWN[®]

Golf Instruction Made Simple

The Virtual Golf LessonSM

Front Nine
eBook Preview

Ideal for:
Lefties and Righties
Men or Women
All Ages

...for Thumbs Up results



TEACH YOURSELF

A golfer's *HOW TO* guide
...for better ball striking.
CURE YOUR SLICE 1,2,3

HERE'S WHAT THEY'RE SAYING

"The more you read about golf technique, the more you often become bogged down in meaningless jargon and excessive detail. So for me, Alan Martin's "Thumbs Down" method was an absolute revolution: it is clear, simple, mechanically sound ...and it WORKS! Not only have my scores fallen, I now feel as if for the first time I have a sound, self-correcting understanding of the golf swing that I can take on the course with me and use at any time."

*Landon Jones - Handicap Golfer
Former editor, PEOPLE magazine.*

"It's almost golf for dummies. There are no big words or things people don't understand."

*Dan McCarthy - Head Professional
Springdale Golf Club, Princeton, NJ*

"There's nothing not to like."

*Dan Pasternak - Head Professional
Panther Valley Golf Club, Allamuchy, NJ*

**"It's just Thumbs Up and Thumbs Down.
What could be simpler?"**

*Ken Dashow
Radio Personality, Q1043 Classic Rock, NYC*

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“FORE”WORD

The most important round of your golfing life follows.

Get ready for some outside-the-box thinking for improving your golf game. You probably never thought of *Thumbs Down*® as a positive thing, but now it may be. In fact, this negative expression is the best thing that ever happened to your ball striking, and possibly your entire golf game.

Believe me, it's not just another gimmick. Making a *Thumbs Down*® rotation while striking the golf ball squares the club and provides a power booster to your existing swing, without trying to kill the ball. It increases clubhead speed, releases the club and puts you into the correct finishing position, like magic.

Let's face it, we're all busy and lessons take a commitment in time and money. For some, it's the perfect way to learn the golf swing, gain valuable tips and discover ways to improve your game from an experienced professional. If the amount of time and money it takes to play the game is already a stretch, which is not uncommon with today's fast-paced lifestyles and economy, then a self-teaching handbook may be the answer you've been looking for. It was for me.

My name is Alan Martin, a single-digit handicap golfer. The power fade which served me well for twenty-five years had turned into an out-of-control slice during the early 1990s. I struggled and searched for a simple solution to correct the slice, but never found it. In 1995, while experimenting with ways to get the club square at impact, I developed a power move which was simple and easy to repeat. Better yet, it didn't require changing my swing, just some adjustments to my hand position at impact and changes to my thinking.

Thumbs Down®, the power move is based on the same swing fundamentals taught by the best instructors, in a language the average golfer understands and can relate to. For me the results were dramatic. It immediately turned the slice into a draw, plus added greater distance to every club in my bag (putter excluded). My game now includes a level of accuracy and control I never knew before.

Thumbs Down®, Golf Instruction Made Simple was designed to be a unique how to guide and training aid. It teaches you how to teach yourself, using *Thumbs Down®*, the power move I developed to fix my slice.

My intended audience is fellow amateur golfers who want to improve with a passion, male or female, young or old. The Front Nine introduces *Thumbs Down®*, the power move. The Back Nine comes complete with ball striking drills that teach you How To square the club at impact and maximize every club in your bag (putter excluded). Each drill focuses on the moments just before and just after the club makes contact with the ball.

You'll quickly improve driving distance and accuracy, plus develop the feel for controlling shots within 100 yards, where the real scoring is done.

***Simply put: more distance, more fairways,
more greens, more often.***

LOWER SCORES ARE NOT A GUARANTEE
they are the natural results.

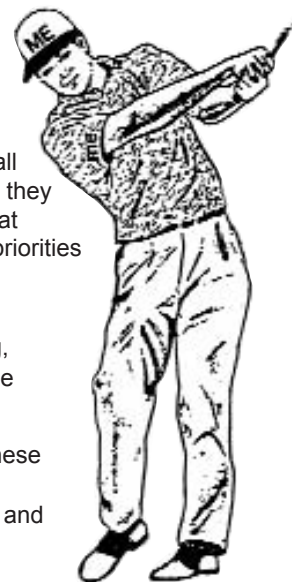
THE FRONT NINE

Do you know ME? I'm one of the main characters in *Thumbs Down®*, Golf Instruction Made Simple.

Throughout this book you'll see ME in many classic poses that show you what all the best players do, not necessarily what they say they do. Every picture tells a story that shows you where to set your golf swing priorities and focus your concentration.

- ♦ Learn how to improve your ball striking, maximize your practice time and enjoy the game more.
- ♦ Get a visual checklist that reinforces these fundamentals and more: The proper grip, posture, ball striking positions, alignment and swing path.


Don't be fooled! The golfers you see aren't the real me, your author. They're actually an all-star team of golf's best men's and ladies' professionals from many eras. All were recreated by an artist and disguised as either ME or SHE.



These great pros demonstrate my power move that squares the club called *Thumbs Down®*, which any golfer can learn and execute in minutes.

THE PROBLEM. In order to improve, the average golfer needs simple answers to his or her simple questions, but rarely gets them.

THE FAQs from amateur golfers of all levels of play: Which one (or more) of these is your favorite?

- ◆ How should I swing to square the club at impact
 - ◆ How should I swing to correct my slice
 - ◆ How should I swing to play a draw
 - ◆ How should I swing to become a more consistent ball striker
 - ◆ How do I get my swing back "on plane"
 - ◆ How should I swing to hit more accurate shots, more often
 - ◆ What drills should I practice to square the club
 - ◆ What's the best way to warm-up in the few minutes before tee-off time, so that I can best drill-in good impact position
- 

See how many of these questions refer to the golf swing and imply that you need to change it for different shots.

THE SOLUTION. You may not have to change your swing, but instead only your position at impact, golf's moment of truth. Make a strong controlled swing using *Thumbs Down®* to square the club's face as it strikes the ball.

SQUARING THE CLUB AT IMPACT

Why is it so important?

- ◆ The entire golf swing takes two seconds or less.
- ◆ During an entire round, the club makes contact with the ball for less than two seconds total.

WARNING!

The information that follows will cause permanent damage to these flaws (and others) in your golf game.

These were the short list of my own problems. All were the result of my inability to get the club squared at impact:

- ◆ Out of control slice.
- ◆ Weak, fading shots to the green.
- ◆ Inconsistent driving distance and accuracy.
- ◆ A lack of feel in the short game.
- ◆ Difficulty with shot making from 100 yards and in.
- ◆ Lost confidence, controlling where the ball is going.

IF THE CLUB ISN'T SQUARE

your shots could end up anywhere.

To fix my own problems, the natural place to look for a simple solution was in golf publications, following the advice given by the best instructors and pros in the game. Their articles and lessons provided volumes of useful and credible information, but what I found was that applying the sometimes conflicting tips at the practice range was both frustrating and counter-productive.

What I really needed was a how to guide complete with step by step drills to practice, that would provide positive results each practice session.

As we all know, golf is a complex game. The golf swing consists of a never ending list of steps, all important and all executed in just split seconds. To the best players, squaring the club at impact seems natural, literally taken for granted. Their swing fundamentals are so solid they can afford to focus their attention on perfecting the finer details of the golf swing. For the rest of us there's nothing natural about it.

The majority of amateur golfers slice. *Thumbs Down®*, the power move was originally created to cure my slice. To this day I'm still amazed at how simple the fix really was. Any golfer that already knows how to hit the golf ball will see noticeable results within minutes using *Thumbs Down®*, the power move. Focus your practice time mastering the power move, then watch your golf swing magically get better, all by itself.

***THUMBS DOWN® DRAMATICALLY
IMPROVED MY GOLF GAME***
*by changing an out-of-control slice into a draw,
almost overnight.*

A PRETTY SWING DON'T MEAN A THING
unless the club is squared at impact.

It's time to focus on the portion of the golf swing that can yield the most dramatic improvements to your game (putting excluded).

The information to follow highlights the portion of the golf swing many instructors glance over, the moment just before the club makes contact with the ball.

Simply put,
this is a portion of a pro's swing you need to copy.

Lets now look at two of today's most overlooked and misunderstood fundamentals for consistent ball striking:

1. Top hand position
2. Hand and forearm rotation through the impact zone

Thumbs Down® is a simple power move any player can quickly learn. It squares the club with your existing swing, plus **adds an extra pop on the ball without over swinging.** Based on many of the same swing fundamentals taught by the best instructors ***Thumbs Down®* makes better ball striking easier than you ever imagined.**

BETTER GOLF, MORE OFTEN
The bottom line.

LET'S REVIEW THE BASICS.



Thumbs Down® squares the club back to its original setup position at impact.

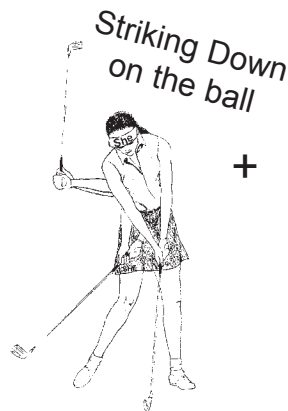


Releases the club

after striking the ball.

OR

The Natural Release



+



=



THUMBS: The training aid you can practice with, then legally use on the course during your round.

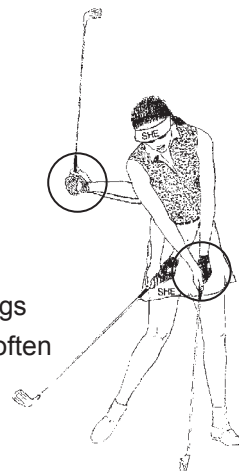
SIMPLICITY AT LAST

In just minutes you can learn to execute *Thumbs Down®* the power move, which squares the golf club and simplifies ball striking, *plus adds an extra pop on the ball* by increasing clubhead speed.

These drills benefits players of all skill levels.

You'll quickly learn How To:

- ♦ Square the club at impact
- ♦ Improve your ball striking
- ♦ Release the club through impact
- ♦ Eliminate a slice
- ♦ Hit a draw
- ♦ Develop swing memory
- ♦ Visualize and repeat your good swings
- ♦ Experience the feel of solid contact often
- ♦ Practice more effectively
- ♦ Accelerate your rate of improvement



One solution provides all these benefits
...and more



PERSONAL STYLIST & IMAGE CONSULTANT

CONFIDENCE. BEAUTY. EMPOWERMENT.

From wardrobes to runways, I partner with women to create truly transformational styling experiences. I combine fashion savvy with an educational approach to empower you to discover the style that makes you feel confident and comfortable.



PERSONAL STYLING

I'm an experienced personal stylist and wardrobe consultant specializing in styling executive businesswomen who are too busy to follow ever-changing trends or simply don't have time to shop for themselves.



RUNWAY STYLING

Bring my styling expertise to your next photo/video shoot or runway show. I'll help you bring out the best in your models and ensure that your brand is well represented, and your vision is realized.



RESERVE YOUR STYLE CONSULTATION

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Mrs. G has been around for decades as a local family business for a reason. They offer fantastic products and customer service at affordable prices. With them, you get the old-fashioned personal attention and expertise that is sorely lacking with the big-box outfits that are prevalent today. There is no sales pressure and everything went very smoothly with the purchase of our new Bosch dishwasher which was ranked #1 on my Consumer Reports buyer's guide and did not break the bank.



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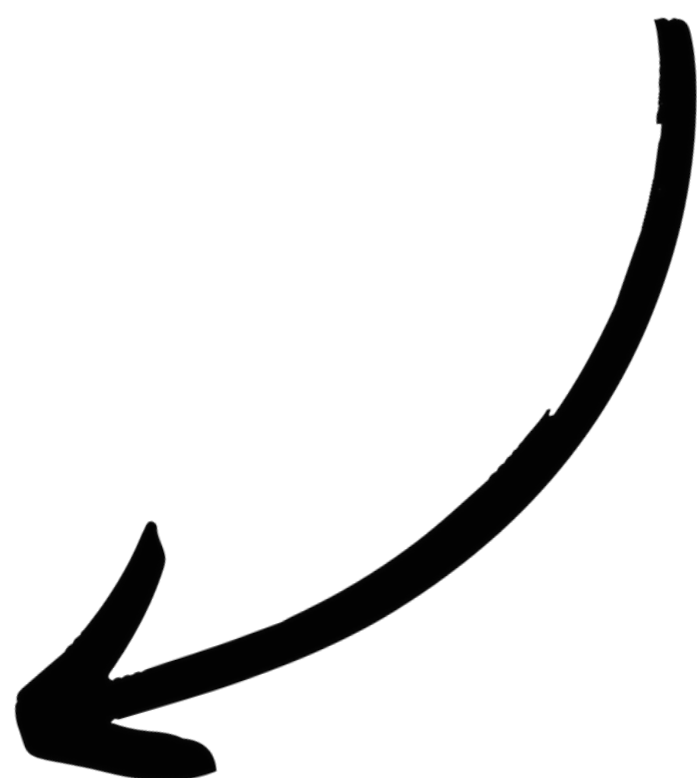
HOW EFFECTIVE IS YOUR TEAM?

ARE YOUR EMPLOYEES READY FOR THAT NEXT STEP?

WHAT ARE YOU DOING TO IMPROVE TEAM PERFORMANCE?

HELP TRANSFORM YOUR EMPLOYEES INTO ALL-STARS!
GET YOUR ASSESSMENT AND FREE REPORT NOW.

SCAN ME





COFFEE FOR COMMUNITY

We have been serving up quality coffee, food, art, and community in historic downtown Princeton since 1993.



14 WITHERSPOON STREET

The scene where it all began in 1993. This cafe offers ample seating and a space that emphasizes the communal aspect of coffee. Steps away from the main gates of Princeton University and in the midst of the hubbub of downtown Princeton. Frequenting by locals, students, academia superstars, and tourists soaking in the rich history and dynamic downtown offerings of Princeton. This location serves a classic coffee house menu of drinks, pastries, granola, and grab and go healthy snacks and desserts.

Phone [609-924-4377 x2](tel:609-924-4377)

Hours

Monday – Thursday 6:30am to 7:00pm, Friday – Saturday 6:30am to 8:00pm, Sunday 7:00am to 7:00pm



254 NASSAU STREET

In 2006 we opened this intimate cafe on the north end of town, formerly known as Jugtown. Nestled between Tigerlabs and Nassau Street Seafood and the Blue Point Grill, this cafe offers cozy indoor seating and ample outdoor seating in a modern light-filled enclosed patio. Here we serve our traditional coffee house menu in addition to breakfast sandwiches, burritos, avocado toast, and grilled sandwiches from the Small World kitchen. Our kitchen also provides our cafes with an assortment of pastries and desserts as well as our infamous NOLA (New Orleans Iced Coffee) and Tough Chai. Everything is made from scratch in small batches with love.

Phone [609-924-4377 x3](tel:609-924-4377)

Hours

Monday - Saturday 6:30am to 5:00pm, Sunday 7:00am to 5:00pm

Grill Hours

Sunday – Saturday Open 1:00pm



Your Home Field Advantage

Locally owned and operated since 1989, the Mauti Group is a full-service real estate company offering brokerage, appraisal, and property management services across Southeast Louisiana. With over thirty years of real estate experience and an intimate knowledge and focus of the New Orleans Metropolitan area- both Northshore and Southshore, our commitment to long term relationships is paramount to our success.

Client Focused

We pride ourselves on being personal, accessible, & committed to each of our clients. At the Mauti Group, fulfilling all your real estate needs is our goal. Our team of agents can pinpoint the location that suits your needs, no matter your goals. We aim to provide relational, client-focused communication in everything we do.

Relational

We understand that successful real estate starts with a trusting relationship. Our team cares to know you better, so we can serve you better.



Our agents specialize in a variety of client needs including commercial, residential and investment properties, property management, appraisals and more.

Rich Mauti grew up in Long Island New York, and lived there until he began a football career at Penn State University. His on-field success at Penn State landed him in New Orleans in 1977. From then until 1983, he was a special teams star for the New Orleans Saints, solidifying his legacy in the Crescent City. Rich's popularity with the people of New Orleans and his passion for excellence translated to a successful business in real estate.

We have a dedicated team of professionals ready to help you maximize your profits without sacrificing on service. Contact Us to see how we can help you today.

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